



PEAK
PARENT
CENTER

Helping Families Helping Children

Shift

Life Launch Transition Workshops

A three-session series for parents and youth with disabilities in New Mexico

- **Learn about** Vocational Rehabilitation (VR) and Centers for Independent Living (CILs).
- **Get information** for accessing the supports and services you need.
- **Hear stories** of people with disabilities who are living the lives they choose.

Dates: Friday, February 8, 2019
The Road to a Good Life

Friday, February 15, 2019
The Road to Careers and Employment

Friday, February 22, 2019
The Road to Independence and Interdependence

Time: 2:30 - 4:30 pm Workshop

Place: Cuba High School
50 Co Rd 13,
Cuba, NM 87013

The Shift Project provides transition training and resources to parents and youth with disabilities.

For more information contact:
(505) 767-6630

Parents and youth with disabilities, age 14-26 are invited to attend! Professionals also welcome.



EPICS

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