


JANUARY 2018

CUBA INDEPENDENT SCHOOLS

All meals are served with a food bar and your choice of low-fat flavored or white milk.
We use whole grain breads. All foods are baked.

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>1</p>	<p>2</p>	<p>3</p>	<p>4</p>	<p>5</p>
<p>PEANUT BUTTER & JELLY FRESH FRUIT</p> <p>8</p> <p><i>CHICKEN ENCHILADAS</i> <i>FIESTA BURRITO</i> MIXED VEGETABLES PINEAPPLE CHUNKS CORN BREAD</p>	<p>BISCUITS & GRAVY FRESH FRUIT</p> <p>9</p> <p><i>STEAK FINGERS</i> <i>CHICKEN FAJITAS</i> CARROTS PEACHES WHOLE WHEAT ROLL</p>	<p>BREAKFAST COMBO BAR TORTILLA/FRESH FRUIT</p> <p>10</p> <p><i>CHICKEN TACOS (SOFT SHELL)</i> <i>QUESADILLA</i> MEXICALI CORN APRICOTS LETTUCE & TOMATO, DICED PICANTE SAUCE</p>	<p>POP TART FRESH FRUIT</p> <p>11</p> <p><i>NACHOS SUPREME</i> <i>MAX CHEESE STICKS</i> BROCCOLI FRESH FRUIT ANIMAL CRACKERS</p>	<p>MINI WAFFLE EGGO BITES FRESH FRUIT</p> <p>12</p> <p><i>SPAGHETTI AND MEAT SAUCE</i> <i>BEEF TAQUITOS</i> PINTO BEANS APPLESAUCE GARLIC BREAD PICANTE SAUCE</p>
<p>BLUEBERRY MUFFIN FRESH FRUIT</p> <p>15</p> <p><i>MAC & CHEESE</i> <i>CHICKEN SANDWICH</i> BROCCOLI PEACHES DINNER ROLL</p>	<p>PANCAKE WRAP FRESH FRUIT</p> <p>16</p> <p><i>HOT DOG ON A BUN</i> <i>HAMBURGER ON BUN</i> CARROTS MANDARIN ORANGES MUSTARD & KETCHUP</p>	<p>BANANA BREAD FRESH FRUIT</p> <p>17</p> <p><i>GRILLED CHEESE SANDWICH</i> <i>TOMATO SOUP</i> <i>MEATBALL SUB SANDWICH</i> GREEN BEANS SIDEKICKS</p>	<p>BREAKFAST PIZZA FRESH FRUIT</p> <p>18</p> <p><i>CHICKEN FRIED STEAK</i> <i>CHICKEN NUGGETS</i> BAKED BEANS MIXED FRUIT BISCUIT COUNTRY GRAVY</p>	<p>CINNI MINIS FRESH FRUIT</p> <p>19</p> <p><i>SALISBURY STEAK</i> <i>FISH STICKS</i> TATER TOTS PEARS GARLIC BREAD TARTAR SAUCE</p>
<p>COLD CEREAL, VARIETY STRING CHEESE FRESH FRUIT</p> <p>22</p> <p><i>TERIYAKI CHICKEN</i> <i>EGG ROLLS MINH</i> BROCCOLI APPLESAUCE BROWN RICE</p>	<p>BREAKFAST COMBO BAR TORTILLA FRESH FRUIT</p> <p>23</p> <p><i>PORK POSOLE</i> <i>BEEF TAQUITOS</i> PINTO BEANS PINEAPPLE CHUNKS SPANISH RICE</p>	<p>ENGLISH MUFFIN SANDWICH</p> <p>24</p> <p><i>CHICKEN ALFREDO</i> <i>CHEESE RAVIOLI</i> CARROTS MIXED FRUIT BREADSTICKS</p>	<p>NUTRIGRAIN BAR YOGURT FRESH FRUIT</p> <p>25</p> <p><i>LASAGNA WITH MEAT SAUCE</i> <i>CORN DOG</i> BROCCOLI PEARS GARLIC BREAD</p>	<p>BREAKFAST BURRITO FRESH FRUIT</p> <p>26</p> <p><i>PIZZA</i> ITALIAN BLEND VEGETABLES MANDARIN ORANGES RICE KRISPIE TREAT</p>
<p>FRENCH TOAST STICKS SAUSAGE PATTIE FRESH FRUIT</p> <p>29</p> <p><i>STEAK FINGERS</i> TERIYAKI CHICKEN BOWL MIXED VEGETABLES ORANGES WHOLE WHEAT ROLL</p>	<p>BISCUITS & GRAVY FRESH FRUIT</p> <p>30</p> <p><i>HOT DOG ON A BUN</i> <i>PHILLY STEAK SANDWICH</i> OVEN FRENCH FRIES PINEAPPLE CHUNKS MUSTARD & KETCHUP</p>	<p>BOSCO STICKS FRESH FRUIT</p> <p>31</p> <p><i>CHICKEN STICKS</i> <i>SPAGHETTI WITH MEAT SAUCE</i> CARROTS HONEYDEW MELON RICE KRISPIE TREATS</p>		



Your cafeteria is managed by
Canteen of Central New Mexico