

MARCH 2018 CUBA INDEPENDENT SCHOOLS

All meals are served with a food bar and your choice of low-fat flavored or white milk.

We use whole grain breads. All foods are baked.

Friday	Thursday	Wednesday	Tuesday	Monday	
NCH TOAST STICKS 2	BREAKFAST PIZZA FRESH FRUIT		Your cafeteria is managed by		
ALISBURY STEAK FATOES, AU GRATIN PEARS HOLE WHEAT ROLL TARTAR SAUCE FISH STICKS	FRITO PIE PINTO BEANS ORANGE WEDGES GARLIC BREADSTICKS CHICKEN QUESADILLA		Canteen of Central New Mexico	CANT	
9	8	COLD CEREAL, VARIETY TOAST, 1 SLICE FRESH FRUIT	BLUEBERRY MUFFIN 6 FRESH FRUIT	BISCUIT & SAUSAGE SANDWICH ⁵	
NO SCHOOL	NO SCHOOL	NACHOS SUPREME PINTO BEANS MIXED FRUIT WHOLE WHEAT ROLL	CHICKEN SANDWICH WHIPPED POTATOES BROCCOLI MANDARIN ORANGES WHOLE WHEAT ROLL SLOPPY JOE	CHEESE RAVIOLI CARROTS APRICOTS LASAGNA WITH MEAT SAUCE GARLIC BREADSTICKS	
NUTRIGRAIN BAR YOGURT	PANCAKE WRAP FRESH FRUIT	COLD CEREAL, VARIETY TOAST, 1 SLICE FRESH FRUIT	BISCUITS & GRAVY FRESH FRUIT	BREAKFAST PIZZA FRESH FRUIT	
FRESH FRUIT FISH SANDWICH BROCCOLI ELL-O WITH FRUIT OAGIE SANDWICH	PIZZA ITALIAN BLEND VEGETABLES ICE DOG COOKIE	CHEESEBURGER CARROTS FRESH FRUIT CORN DOG	BEEF TAQUITOS PINTO BEANS PINEAPPLE CHUNKS FIESTA BURRITO	CHICKEN NUGGETS WHIPPED POTATOES APPLESAUCE WHOLE WHEAT ROLL HOT TURKEY SANDWICH	
AIN BAGEL / CREAM 23 EESE / FRESH FRUIT	BISCUITS & GRAVY FRESH FRUIT	POP TART FRESH FRUIT	BREAKFAST BURRITO FRESH FRUIT	BREAKFAST COMBO BAR TORTILLA FRESH FRUIT	
AX CHEESE STICKS MARINARA SAUCE MESH VEGETABLES APRICOTS OPCORN CHICKEN NIMAL CRACKERS	FRENCH TOAST STICKS SAUSAGE PATTIE HASH BROWNS STRAWBERRIES & BANANAS	FRITO PIE CARROTS PEACHES STEAK FINGERS BANANA BREAD	TERIYAKI CHICKEN BOWL BROCCOLI FRESH WATERMELON MEATBALL SUB SANDWICH LEMON DINOS	PRESH FRUIT NACHOS SUPREME PINTO BEANS PEARS CHEX MIX	To the second
30	29	28	27	26	
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