

BREAKFAST
LUNCH

DECEMBER 2017

CUBA INDEPENDENT SCHOOLS

All meals are served with a food bar and your choice of low-fat flavored or white milk.
We use whole grain breads. All foods are baked.

Monday **Tuesday** **Wednesday** **Thursday** **Friday**



Your cafeteria is managed by
Canteen of Central New Mexico



4
BAGEL, PLAIN
CREAM CHEESE
FRESH FRUIT
CHICKEN NUGGETS
PEAS & CARROTS
PEACHES
CHEX MIX
MINI CORN DOGS
MUSTARD & KETCHUP

5
BISCUITS & GRAVY
FRESH FRUIT
HOAGIE SANDWICH
TATER TOTS
PINEAPPLE CHUNKS
MUSTARD & MAYO
KETCHUP
HAM & CHEESE SANDWICH

6
PANCAKE WRAP
FRESH FRUIT
CHICKEN PATTIE ON A BUN
CARROTS
MIXED FRUIT
MUSTARD & MAYO
LASAGNA WITH MEAT SAUCE
GARLIC BREAD

7
CINNI MINIS
FRESH FRUIT
SPAGHETTI AND MEAT SAUCE
BROCCOLI
PEARS
BREADSTICKS
CHEESE RAVIOLI

1
BREAKFAST PIZZA
FRESH FRUIT
HOT TURKEY SANDWICH
WHIPPED POTATOES
PINEAPPLE CHUNKS
COOKIE

8
BREAKFAST COMBO BAR
TORTILLA
FRESH FRUIT
CHEESEBURGER
BAKED BEANS
CINNAMON APPLE SLICES
MUSTARD & KETCHUP
QUESADILLA
PICANTE SAUCE

11
YOGURT/NUTRIGRAIN
BAR / FRESH FRUIT
TURKEY AND CHEESE WRAP
SWEET POTATO FRIES
HONEYDEW MELON
LETTUCE & TOMATO, DICED
MUSTARD & MAYO
BEEF TACOS (HARD SHELL)

12
ENGLISH MUFFIN
SANDWICH / SAUSAGE
PATTIE / FRESH FRUIT
FRITO PIE
MIXED VEGETABLES
JELL-O WITH FRUIT
LEMON DINOS
CHILE CHEESE DOG

13
PANCAKES
FRESH FRUIT
ORANGE CHICKEN
WHIPPED POTATOES
PINEAPPLE CHUNKS
BROWN GRAVY
SALISBURY STEAK
WHOLE WHEAT ROLL

14
CREAM OF WHEAT
TOAST, 1 SLICE
FRESH FRUIT
CHEESE ENCHILADAS (RED)
TAMALES
PINTO BEANS
PEARS
WHEAT TORTILLA

15
BREAKFAST BURRITO
FRESH FRUIT
PIZZA
TOSSED GREEN SALAD
ICE DOG
BREADSTICK

18
COLD CEREAL, VARIETY
STRING CHEESE
FRESH FRUIT
CORN DOG
BAKED BEANS
MANDARIN ORANGES
CHEX MIX
MUSTARD & KETCHUP

19
BREAKFAST PIZZA
FRESH FRUIT
FIESTA BURRITO
MEXICALI CORN
PEACHES
PICANTE SAUCE

20
BAGEL, PLAIN
FRESH FRUIT
CREAM CHEESE
TURKEY & GRAVY
POTATOES, AU GRATIN
CARROTS
FRESH FRUIT
WHOLE WHEAT ROLL

21
PANCAKE WRAP
FRESH FRUIT
CHEESEBURGER
TATER TOTS
FRESH FRUIT
RICE KRISPIE TREAT

22
CHERRY FRUDEL
FRESH FRUIT
BBQ CHICKEN ON A BUN
OVEN FRENCH FRIES
PINEAPPLE CHUNKS



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